# Winter Safety

#### **GUIDE TO LAYERING**

## **Outer Layer**

The purpose of this layer is to protect you from the elements when conditions take a turn for the worst.

## Mid-Layer

The purpose of the mid-layer is to capture warmth through trapped air.

#### **Base Layer**

A base layer is the layer closest to your skin, which is meant to keep you dry by pulling moisture away from your skin and spreading it throughout the fabric.

