

Family Travel FIRST AID KIT CHECKLIST

Wherever you go and however you travel, it's important to bring a first aid kit with you in case of emergencies. Here are some suggestions for what to pack in your family's travel first aid kit.

FAMILY TRAVEL FIRST AID KIT ESSENTIALS

- Antibiotic ointment
- Antihistamines
- Antiseptic wipes or spray
- Band-Aids
- Cold pack
- Gauze and tape
- Pain reliever
- Hand sanitizer and masks
- Prescription medications your family members use
- Small scissors
- Thermometer

OTHER ITEMS YOU MAY WANT TO INCLUDE IN YOUR FAMILY TRAVEL FIRST AID KIT

- Antacids
- Anti-itch cream
- Bug repellent
- Cotton balls or swabs
- Lip balm
- Nail clippers
- Petroleum jelly products
- Sunscreen
- Tissues



Children's National.

