



Children's National.

Monkeypox Risks for Everyday Activities

Use this guide to help you determine which activities put you and your family at higher risk for contracting monkeypox.

UNLIKELY RISK

- Trying on clothing at a store
- Touching doorknobs, light switches or other surfaces
- Traveling in an airport or on a plane
- Swimming in a pool or other body of water
- Riding public transit
- Using public restrooms
- Grocery shopping
- Dining out
- Going to the gym
- Attending an outdoor event with mostly clothed people

LOW RISK

- Sharing drinks
- Sharing a bed, towels or personal toiletry items
- Attending a crowded indoor event with fully clothed people

MEDIUM RISK

- Kissing
- Cuddling
- Attending a crowded indoor event where people are not fully clothed

HIGH RISK

- Direct contact with an infected person's rash, scabs or body fluids