



Children's National.

Common Concussion Symptoms

Symptoms you may observe in your child if they have a concussion include:

Physical	Cognitive	Emotional	Sleep
Headache	Feeling mentally foggy	Irritability	Trouble falling asleep
Dizziness	Feeling slowed down	Sadness	Sleeping more than usual
Balance problems	Feeling confused	Nervousness	Sleeping less than usual
Nausea/ Vomiting	Difficulty concentrating	More emotional than usual	
Fatigue	Difficulty remembering	Anxiety	
Sensitivity to light	Difficulty focusing		
Sensitivity to noise			
Double or fuzzy vision			
Clumsiness			
