



**Children's National.**

## I Think My Child Needs a COVID-19 Test – Where Should We Go?

Use this guide to help you determine when and where to go if your child needs COVID testing.

Symptoms	When to Test	Where to Test
<b>No symptoms &amp; no known exposure</b> (After travel or possible exposure)	<b>3-5 days (vaccinated) 5 days (unvaccinated)</b> (After travel or possible exposure)	<b>Community-based testing</b>
<b>No symptoms &amp; no known exposure</b> (Need test for school or work)	<b>Timing as needed for school or work</b>	<b>Community-based testing</b>
<b>No symptoms &amp; known exposure</b> (To person who tested positive for COVID*)	<b>5 days after exposure</b>	<b>Community-based testing</b>
<b>Mild symptoms that don't concern you</b> (Such as runny nose)	<b>As soon as possible (1-3 days)</b>	<b>Community-based testing</b>
<b>Symptoms that do concern you</b>	<b>Within 1-2 days of symptoms starting</b>	<b>Contact your pediatrician's office for an urgent office appointment or referral to an urgent care facility</b>

\*Some school districts do not require testing for vaccinated students who were exposed and have no symptoms, but testing is advisable