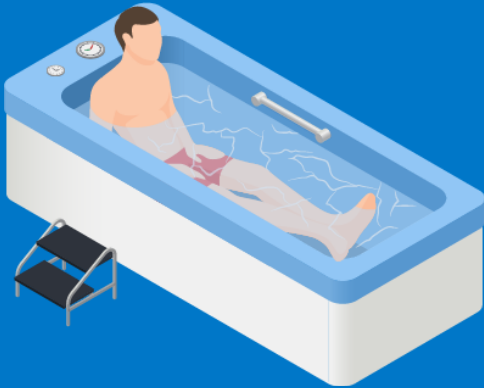


Physical Therapy for Chronic Pain



If your child is using crutches or a wheelchair: Aquatherapy is a great modality in physical therapy. The buoyance of the water helps provide support to start to stand again.



If your child has chronic joint pain: Joint protective strategies, proprioception, gait analysis, injury prevention and muscle strengthening are all strategies that can help improve the way your child moves and decrease their pain.



If your child has full body pain: Low impact aerobic conditioning can allow them to engage in exercise more fully without a lot of stress on the joints.

